



Live Your Truth Interview Questions

About the Author



Alisa Childers is a wife, mom, author, podcaster, blogger, speaker, and worship leader. She was a member of the award-winning CCM recording group ZOEGirl. She is currently a respected speaker at apologetics and Christian worldview conferences, as well as the host of her popular YouTube channel. Alisa's story was featured in the documentary *American Gospel: Christ Crucified*. She has been published at The Gospel Coalition, Crosswalk, The Stream, For Every Mom, *Decision* magazine, and The Christian Post, and her blog post "Girl, Wash Your Face? What Rachel Hollis Gets Right . . . and Wrong" received more than one million views.

Interview Questions

1. What prompted you to write this book? Why now?
2. What cultural pitfalls or lies have you observed that make this message so timely?
3. Truth is perceived to be subjective in our culture. Why is it important to draw attention to the distinction between the truth and "your truth" in our culture?
4. What are some of the popular deceptions that make us anxious, exhausted, and self-obsessed; and what do you advise we do about them?
5. Where do these common lies originate? Who propagates this narrative?
6. What are some common pitfalls resulting from our cultural lies?
7. You say that being the captain of our own destiny and striving to make our dreams come true is a burden we were never meant to bear. Can you please unpack that for us?
8. You talk about "objective truth." How do we get to this truth?
9. What disciplines or practices do you recommend for staying grounded in our cultural moment?
10. You have some advice regarding social media. What one lesson do you most hope to share?
11. What do you hope your readers take away from your book?
12. What is your next project?

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